GSW Guidelines

Effective 4/20/2022

I. GSW Rider Mileage

Tracking rider mileage is one of the benefits of being a member of the Granite State Wheelers.

GSW members participating in GSW sanctioned rides will have their mileage tracked. Ride Sign-in Sheets serve as an insurance liability release as well as input to the mileage tracking system. Year-to-date totals appear in the issues of *Pedal Talk* every two months.

Rides and events allowed for GSW mileage tracking:

- GSW rides posted in Pedal Talk or on https://www.meetup.com/Granite-State-Wheelmen-bicycling/ and meeting the following requirements:
 - A GSW MeetUp ride may not be listed within a few hours of an existing ride already scheduled at the same location.
 - A GSW MeetUp ride should be posted with 24+ hours lead time to allow riders to learn about the ride and make plans to attend. Changes to posted rides due to weather or cancellation can be posted any time to inform those riders planning to attend.
 - A GSW ride must be held in public places with ample parking not private driveways. A location and time must be specified.
 - o GSW weekend events, e.g., the International Century, the Seacoast Century
- Invitational rides from non-profit New England based bicycle clubs, e.g., North Shore Cyclists
- Events run by our non-profit affiliated organizations, e.g., Bike-Walk Alliance
- Charity rides from non-profit New England based organizations, e.g., The Prouty
- Commuter mileage cycled to/from work, GSW ride starting points, errands, and trips that might normally be taken by car. This category is tracked on the "honor system" with mileage submitted directly to the Mileage Coordinator.

Rides and events not allowed for GSW mileage tracking:

- Events and tours conducted by "for-profit" organizations
- Tours by "non-profit" organizations advertising in *Pedal Talk*
- · Personal fun or exercise rides

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Additional mileage guidelines:

- Ride Sign-in Sheets serve as an insurance liability release as well as input to the mileage tracking system. The use of Sign-in Sheets is <u>mandatory</u> for every GSW ride. Each rider, GSW member or not, must print and sign their own name on the GSW Sign-in Sheet <u>before</u> the ride begins.
- Approved bicycling helmets are required on all GSW rides.
- All GSW rides shall be conducted in compliance with the rules of the road and with common courtesy displayed between bicyclists and motorists. GSW supports the "shared roadway" concept and attempts to set a good example to the public and other bicyclists.
- Should the Ride Leader be the only rider to participate in a qualifying GSW ride, the Ride Leader may ride solo and submit a Sign-in Sheet for mileage credit.
- If a ride leader cannot make their scheduled ride, they must either arrange for an alternate ride leader or cancel the ride. The alternate must be an approved ride leader who must conduct the ride as published and fulfill all ride leader duties and obligations.

GSW Sign-in Sheets:

GSW Sign-in Sheet mileage received by Mileage Coordinator by the <u>first day of even numbered months</u> will be included in year-to-date totals reported in the following Pedal Talk issue.

Riding mileage will be tracked separately for each of the following ride types as identified on the GSW Sign-in Sheet:

- On-road
- Rail Trail
- Gravel
- Mountain

<u>Ride Leaders:</u> Print the date, your name, the ride type, the location, and time of the ride on the ride sheet. Ensure that each rider's name on Sign-in Sheets is signed as well as printed in a legible manner.

Submitting a Sign-in Sheet

1. Scan in pdf format and email to: mileage@gswheelers.org

2. Or, Mail to: Lindsay Collins PO Box 497

Newbury, NH 03255

Photo submissions will NOT be accepted.

GSW Ride Leaders must retain the originals of all emailed GSW Sign-in Sheets until April 1 of the following calendar year.

The decision by the Mileage Coordinator of the eligibility for inclusion of a rider's mileage is final.

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II. Ride Leaders

Please review and practice the guidelines in 'GSW Rider Mileage' (ride sheets, meeting places etc.).

You are given the 'Event Organizer' role in https://www.meetup.com/Granite-State-Wheelmen-bicycling/ and the ability to list rides in *Pedal Talk*.

Please adhere to the following:

- Must have a current GSW membership
- Take ownership of your group
- Only those in your group sign your ride sheet before the start of the ride. Each rider must sign and print their own name. This is required for liability release and insurance coverage.
- Ensure that no rider is dropped
- Know and follow bicycle safety rules
- Ensure that each of your riders returns safely
- At the end of the ride, enter the mileage for each rider. Make sure each riders' name is legible!
- Send the completed ride sheet to the Mileage Coordinator

Unable to make your ride

<u>Cancel</u> the ride or <u>arrange</u> for an alternate ride leader to take your place. The alternate must be an approved ride leader who must conduct the ride as published and fulfill all ride leader duties and obligations.

Canceling a ride

Go to: https://www.meetup.com/Granite-State-Wheelmen-bicycling/ and find your event.

If you are the only ride leader: CANCEL the event. It will give you an option to enter a reason.

If you are one of a group of ride leaders: COMMENT and say that you cannot attend.

Questionable weather

Take the chance, cancel, or delay the ride by an hour. If you delay, put a comment in your Meetup event with at least an hour's notice before the original start time!

Turning an AM ride into a PM ride is not acceptable.

Questions?

Email: rides@GSWheelers.org

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